TRUFIT ATHLETIC CLUBS

* META * MAY 2019 GROUP FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ZUMBA FITNESS 8:30am LINDA	ZUMBA FITNESS 8:30am ERICA	STRONG BY ZUMBA 8:30am ERICA	ZUMBA FITNESS 8:30am LINDA	ZUMBA FITNESS 8:30am LALA		
STRONG BY ZUMBA 9:30am ERICA	LES MILLS BODYCOMBAT 9:30am GINA	LES MILLS BODYPUMP 9:30am GINA	LES MILLS BODYCOMBAT 9:30am JESSICA B.		BODY STEP 9:30am DORIE	O P E N
					ZUMBA FITNESS 10:30am JASMIN	
BODY STEP 5:30pm DORIE	LES MILLS BODYPUMP 5:30pm DORIE		LES MILLS BODYPUMP 5:30pm SHELLIE			12 pm - 5 pm
ZUMBA FITNESS 6:00pm LEELANI	ZUMBA FITNESS 6:00pm REBECCA	STRONG BY ZUMBA 6:00pm RINA	ZUMBA FITNESS 6:00pm JASMIN	ZUMBA FITNESS 6:00pm LEELANI		
STRONG BY ZUMBA 6:30pm MARI (GOLD ROOM)	Street Beats 7:15pm JOSIAH	ZUMBA FITNESS 7:15pm JENNIFER		CLOSE AT 10:00PM	CLOSE AT 6:00PM	

QUESTIONS / COMMENTS

EMAIL BRANDY AT
Brandy-gfm@heroes-fitness.com